

Many Goals Game

Minutes: 10-20

Players: 8-18

Ages: 8-16

Avg. Rating:

From: CP

Skill Focus:

Passing, Controlling, Supporting

Objectives:

Encourages players to move to open space to support the player with the ball

Description:

Using cones (flat disc cones work best), randomly place 4-8 small goals around an area about 30x30 yards. Divide players into 2-3 teams of 3 to 6 players. Play with 1-4 balls. The number of goals, the area size, and the number of balls should increase as the number of players increase. You may need to experiment to find a good balance. There are no boundaries and no restarts, play is continuous. A goal is scored when a team completes a pass through one of the goals. The receiving player must demonstrate control of the ball to count as a score. You cannot score on the same goal twice in a row. Coaches should keep score.

